

Kanata Endodontics

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PRE-SEDATION PATIENT INSTRUCTIONS

In order to have your appointment for dental treatment with sedation go as smoothly as possible, please follow these instructions:

1. Please let us know of any changes to your medical history and if you are taking any medications-including herbal and non-prescription medications.
2. **Do not have any solid foods for eight hours before your appointment.**
3. **Do not have any fluids for two hours before** your appointment.
4. If you have been instructed by us to take medicine the night before your appointment, take that medicine as prescribed.
5. Remove any finger nail polish or lipstick before your appointment so we can judge any color change in your lips or nails.
6. If you have questions, please call our office.

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